

# PLAYING AT LEVEL 2

## Before you play

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Have flu-like symptoms
- Or are in a high risk health category

## Attending tennis activities

- Book your court in advance through contactless booking (online or by phone)
- **PLEASE USE THE MINISTRY OF HEALTH QR CODE DISPLAYED ON ENTRANCE TO CLUB AND COURTS**  
Alternatively a contact tracing form is available as you enter the club.
- Only one parent/guardian should accompany younger children where possible
- Take your own equipment if possible. Do not share equipment with people outside of your bubble
- Exercise caution with common touch points (e.g. doors and gates)
- **Club kitchen** is open however please ensure this is kept clean and limit gatherings.
- **Bar: In order to comply with the Covid 19 Hospitality restrictions the bar will only open when a duty manager is available to operate within the guidelines.**

## Social distancing

Be sure to keep 1 metres away from those outside your group

## Club Play

Club play will run at Level 2

## Coaching

Parents please use contact tracing

## Behaviours

- To protect against infection, you should:
- Wash/sterilise your hands before and after you play and avoid touching your face while playing
- Not share water bottles and bring your own full bottle
- Wash your hands frequently with soap and water or hand-sanitiser when available. It is recommended to carry your own hand sanitizer with you
- Cover your coughs and sneezes and dispose of any used tissues immediately
- Avoid touching your face
- Do not attend if you are feeling unwell
- Avoid touching any shared surfaces (gate, net posts, chairs etc). If you do touch anything that is not your own equipment, you must clean these thoroughly before you leave

## After play

If you become sick with Covid-19 symptoms within 10 days of playing at the club, it is vital that you inform the main contact at the club. [info@kohimaramatennis.co.nz](mailto:info@kohimaramatennis.co.nz)

**TEL: 027 535 9931**